

This Program Serves:

- ~ Child care and Head Start programs

With a focus on:

- ~ Children birth to six years old and their families
- ~ Early care providers



Families are children's most important teachers and strongest resource. We are here to help build resilience in children and in the people who care for them.

For more information contact:

Ohio | Department of
Mental Health

This information is provided sponsored by the Ohio Department of Mental Health (ODMH) Early Childhood Mental Health Initiative.

mentalhealth.ohio.gov

Early Childhood Mental Health Consultation



Helping Families and
Providers Prepare
Children for Success

Why is this Important?



Children who ...

- ~ Follow directions
- ~ Communicate well
- ~ Develop positive relationships with peers and adults
- ~ Stay on task
- ~ Feel good about themselves

... are better prepared for school and later success



Reasons to Request Consultation:

- ~ Responding to individual children displaying challenging behaviors
- ~ Promoting healthy social & emotional development for young children
- ~ Supporting families and early child care providers' capacity to meet children's social/emotional needs

In an effort to successfully maintain children in their child care setting:

Early Childhood Mental Health (ECMH) Consultation

is...



Advocacy

Screening & Assessment

Community Linkages

Promoting Staff Wellness

Meeting Facilitation

Observation

Relationship Building

Modeling & Coaching

Action Planning

Parent Education

Classroom Support

Training & Team Building

