



- 17 referrals for diagnostic mammograms were provided for a value of \$5,219
- 18 referrals for breast ultrasound were provided for a value of \$8,064
- 49 gas vouchers were distributed for a value of \$490
- Total value of clinical services provided is estimated at \$129,577
- 94 percent of satisfaction survey respondents said they improved their breast self-awareness
- 60 percent of individuals who completed the follow-up survey reported they DID NOT have health insurance, and 75 percent stated they would not have received breast and cervical screening services without the program
- 100 percent of survey respondents were very satisfied with the overall care provided by the program

#### HEALTHY ADULT SCREENING PROGRAM (HAP)

HAP offers education and screenings for blood pressure, cholesterol and diabetes, as well as education and referrals for people in the Appalachian region of Ohio. The idea is to serve as a prevention measure and identify risk factors early so lifestyle changes and treatment are initiated early.

**FUNDING:** Osteopathic Heritage Foundation, OU-HCOM and the Diabetes Institute

#### 2014-2015 HIGHLIGHTS:

- 680 community members were screened for blood pressure, cholesterol and blood sugar at 39 different clinics
- 13 percent had elevated blood pressure; of those, 7 percent had no previous diagnosis of hypertension
- 41 percent had elevated cholesterol; of those, 35 percent had no previous diagnosis of hypercholesterolemia
- 24 percent had elevated blood sugars; of those, 20 percent had no previous diagnosis of diabetes or pre-diabetes
- 308 fasting lab screenings were completed with an estimated savings of \$48,048 to the public
- 372 non-fasting screenings completed with an estimated savings of \$33,480 to the public

**Athens County** - 20 clinics and 412 people screened  
**Gallia County** - 1 clinic and 11 people screened  
**Meigs County** - 2 clinics and 14 people screened

**Morgan County** - 4 clinics and 31 people screened  
**Noble County** - 1 clinic and 7 people screened  
**Perry County** - 2 clinics and 35 people screened  
**Pike County** - 1 clinic and 6 people screened  
**Lawrence County** - 1 clinic and 8 people screened  
**Ross County** - 1 clinic and 55 people screened  
**Washington County** - 6 clinics and 101 people screened

There were five new locations added from July 1, 2014 through June 30, 2015:

**Adena Local Schools**  
**Gallia Co. Lutheran Social Services**  
**Lawrence Co. Lutheran Social Services**  
**Meigs Co. Lutheran Social Services**  
**Meigs Co. Ohio River Medical Mission**

#### "BABY AND ME SMOKE FREE PROGRAM"

The focus of the Child and Family Health Services (CFHS) grant is to address the health and well-being of the maternal/child population in Athens County. Continuous appraisal of public health problems and concerns occurs through state and local community health assessment, and is guided by a community consortium representing a broad range of professionals. The CFHS grant focuses on the most pressing health needs for women, infants, and children through a variety of public health activities which range from building community infrastructure to providing direct education and referral services for individuals.

**FUNDING:** Ohio Department of Health, Child and Family Health Services

#### 2014-15 HIGHLIGHTS:

During the last year CHP implemented the "Baby and Me Smoke Free Program" sponsored through the Ohio Department of Health, Child and Family Health Services. The incentive based program is to support pregnant women to stop smoking and stay smoke free postpartum. As of July 2015, the program had 36 referrals and 14 women are actively enrolled. In 2016 we can evaluate the success of assisting women to stay smoke free.

#### HERITAGE COMMUNITY CLINIC

The Heritage Community Clinic offers primary care and specialty health care to qualifying adults in Athens, Hocking, Meigs, Morgan, Perry and Washington counties. The Free Clinics offer the following specialties: Primary Care, Diabetes and Dermatology.

**FUNDING:** Sisters of Saint Joseph Charitable Fund, Osteopathic Heritage Foundation, Ohio Association of Free Clinics, United Appeal and OU-HCOM

#### 2014-15 HIGHLIGHTS:

- 121 clinics were offered: 99 episodic, 12 diabetes and 10 dermatology clinics
- 598 patients were provided with care at a service value of \$72,368
- Kids on Campus physicals were completed for a value of \$1,190
- 346 prescription vouchers were distributed to patients through 174 visits and reimbursed local pharmacies for a dollar value of \$15,597
- Supplies were given out to patients during this time period. Supplies including diabetes testing materials were given out to 67 individual patients with a monetary value of \$32,063
- 115 prescription medications were provided to 35 patients with a monetary value of \$177,866. This was possible through collaborating with the pharmaceutical programs
- 154 on site HgA1C tests were provided at no cost to patients, a value of \$4,158, and 154 on site blood sugar tests were provided at no cost to patients, a value of \$1,540
- 154 diabetes education sessions were provided to patients visiting the clinic at a value of \$42,751
- Fresh, local food was made possible by a partnership with Community Food Initiative's Donation Station
- Dollar value of services rendered through the Free Clinic is \$343,375

#### CHILDHOOD IMMUNIZATION PROGRAM

The Childhood Immunization Program (CHIP) helps keep children in our region healthy by providing immunizations to protect against preventable diseases such as polio, rubella and mumps. Children can access free or low-cost immunizations if eligible. The CHIP mobile unit regularly travels to Cynthiana (Pike County) and Wheelersburg (Scioto County) in even-numbered months. Odd-month clinic sites include Adamsville (Muskumung County), New Bedford, Warsaw and Fresno (Coshocton counties). Of the 2,178 vaccines that were given, 1,668 were given at no charge to the consumer either due to the Vaccine for Children program or the participant's meeting the income levels for free service. This demonstrates the goal of reaching those in need. Adults can also receive low-cost immunizations or access our community flu clinics regardless of income or insurance status. CHIP implements and maintains the records regarding immunization compliance, serologic testing and TB screening for all OU-HCOM students and those who apply for Preclinical Observation and Summer Scholars programs.

**FUNDING:** Osteopathic Heritage Foundation, OU-HCOM, and the Ohio Department of Health

#### 2014-15 HIGHLIGHTS:

- 2,178 immunizations were provided through 1,282 visits to the community
- 789 children were seen between the ages of birth and 18 years old
- 1,668 free immunization shots were given to children
- Six towns were visited by the mobile unit in various counties
- 224 adult visits for immunization were documented \$20,016 (minimum) in vaccine administration fees were waived for the clients receiving vaccines
- 616 TB screenings were performed
- 250 bus and van driver physicals were completed for 13 schools in five different counties at an estimated cost savings of \$10,400 for the school systems
- \$122,833 dollar value of vaccines provided through CHIP free of charge to the community



## COMMUNITY HEALTH PROGRAMS

Heritage College of Osteopathic Medicine

# ANNUAL REPORT

JULY 1, 2014 – JUNE 30, 2015



Heritage College of Osteopathic Medicine